## **British Food**



РЕКОМЕНДОВАНО

Школьным методическим объединением

учителей английского языка ГАОУ СО «Гимназия №1»

Протокол №  $\frac{\mathcal{H}}{}$  от  $\underline{\mathcal{L}}\underline{\mathcal{G}}$  202 $\underline{\mathcal{G}}$  г.

Руководитель МО

/Кучмина П.С./

Автор: Ермолова Ирина Васильевна, учитель английского языка ГАОУ СО «Гимназия №1» 8 класс

## **Britain's Favorite Foods and Drinks**

Though immigration and globalization have changed British tastes somewhat over the years, there are quite a few classic British dishes (and meals) that remain at the top of the list.



Roast dinners—the roast itself and of course gravy—are quintessentially British. It is the very heart of British food and cooking. If you're invited to Sunday dinner, you can expect to be served roasted meat (often lamb), along with roasted potatoes and/or Yorkshire pudding, stuffing, gravy, and vegetables such as peas, carrots, beans, broccoli,

cauliflower, or leeks.



If you're invited to English teatime, in addition to a strong <u>cup of tea</u>, you might be offered a light snack such as bread and butter, cookies, or tea sandwiches.

England's beloved <u>fish and chips</u> are deep-fried in a crispy batter and remain one of the U.K.'s favourite fast foods.



Yorkshire pudding is often part of the traditional roast dinner. In fact, Yorkshire pudding is very much like a giant popover. It's traditionally made from the drippings of a roast of mutton, which are captured as the meat cooks.

The full English breakfast is famous. It's the perfect weekend breakfast and the ingredients can vary, but usually, it includes eggs, sausages, bacon, toast, beans, grilled tomato, fried mushrooms, and fried notatoes

potatoes.



Nothing is better in early summer than strawberries and cream, which are popular as a light dessert across the British Isles.

<u>Crumpets</u> are the perfect afternoon teatreat served warm with jam or butter.





- 1. In which meal of the day do British people typically have the full English..? 

  Breakfast B. Lunch C. Dinner
- 2. The shepherd's pie contains which of the following meat?



- 3. In British cuisine, which word refers to the layered dessert of cream, fruit, and cake?
- A. Angel Food Cake B. Tater Fest Trifle
- 4. When do British people traditionally eat a Roast Dinner?
- 5. Yorkshire pudding is made from ...
- A. flour, meat and milk B. eggs, fish and flour the flour, eggs and milk

## Информационные ресурсы

## Текст и иллюстрации из доступных интернет ресурсов:

- https://www.thespruceeats.com/top-british-food-and-drinks-435511
- https://i.pinimg.com/originals/f6/39/3f/f6393f99d557aa50bab00325936b875d.jpg
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- https://avatars.dzeninfra.ru/getzen doc/9871871/pub 64b8c3b18a84c53406d32385 64b8c3d33f4e3d661956f4 75/scale 1200
- https://brunoalbouze.com/wp-content/uploads/bruno-albouze-crumpets.jpeg